



HOW TO SPA

RESERVATION

Appointments may be scheduled during operational hours by calling 206.357.9490. A hotel reservation or credit card is required to secure your appointment.

AMENITIES

For your comfort and convenience, we will provide you with a locker, robe, slippers and grooming amenities.

BEFORE YOUR TREATMENT

We ask that you arrive 15 minutes before your scheduled appointment to ensure full service. A health history form is presented at the time of arrival so we can perform services comfortably, effectively and safely. You will have access to the sauna and locker facilities for the duration of your spa visit. Hotel 1000 Seattle is pleased to offer complimentary valet parking for Spa patrons during service.

CANCELLATION

We ask that appointment changes or cancellations be made 24 hours prior to your scheduled appointment. Cancellations not made within 24 hours will be charged 50% and no-shows are charged 100% of the treatment rate.

SERVICE CHARGE

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. Gratuities for these efforts are greatly appreciated. For your convenience, a 20% service charge is automatically added to your treatment and may be modified at your discretion.

HOURS OF OPERATION

7 days a week 10am to 5pm

OUR LOCATION

The spa is conveniently located on the lower lobby of Hotel 1000.

Something magical happens when land meets water; mountains transform where water softens rock, creating the landscapes of beauty and dreams.

Let us guide you on a journey to this space of land and water through signature treatments crafted to relax, rejuvenate, and refresh your body, mind, and soul.

The Spa at Hotel 1000 offers a unique selection of facial, massage and body treatments ranging anywhere between 50 minutes to 3 hours of pampering. Our exclusive treatment packages allow you to experience both an effective element of a skincare body treatment and expert facial, as well as the restorative elements of a massage.

THE SPA HOTEL 1000

S E A T T L E

MENU OF SERVICES

HOTEL 1000

1000 1st Ave | Seattle, WA 98104
Hotel1000Seattle.com
206.357.9490

L X R
HOTELS & RESORTS

MASSAGE

50 MINUTES, \$170 | 80 MINUTES, \$240

Select the Pressure

Deep
Relaxation
Sports

ENHANCE YOUR MASSAGE EXPERIENCE

Enhancements (+10 Minutes) | \$45 each

Lower Leg Rejuvenation
Foot Scrub

Enhancements | \$15 each

Scalp Treatment
Honey Heel Glaze
CBD Cream
Muscle Relief Balm
Aromatherapy

Warm Stones add on \$30



GROUPS

PRIVATE SPA PARTIES

Create a spa day event for you and your friends. We can accommodate up to a group of 4 to 10 people. Spa Day events range from 1 hour up to 4 hours or more. Give us a call to go over various customized options for a super relaxing and pampering day just for you and your friends.

BODY TREATMENTS

50 MINUTES, \$170

Body Scrub or Body Wrap

80 MINUTES, \$240

Body Scrub and Wrap

Perfect for all skin types, our custom Sugar Scrubs gently buff away dull, dead skin cells, revealing a radiant and velvety-smooth complexion beneath. Enriched with natural humectants, they deeply hydrate and leave your skin irresistibly soft and moisturized. Glycolic acid in sugar gently exfoliates and brightens the skin, improving texture and pigmentation. Following the scrub, we will dry brush to promote lymphatic drainage and circulation. You will then be cocooned in our indulgent seaweed body mask, infused with essential vitamins and minerals to nourish, detoxify, and refine your skin's tone and texture. As you luxuriate in the wrap, surrender to a soothing scalp massage designed to both stimulate hair growth and deeply moisturize the hair and scalp. To conclude this journey, a refreshing shower rinses away the mask, followed by the application of our Earl Grey body balm to hydrate and soothe your skin.

Coffee Sugar Scrub- Made with invigorating coffee, it gently exfoliates and boosts circulation, revealing smoother, radiant skin. Packed with antioxidants, it fights signs of aging and leaves skin feeling soft and nourished. Treat yourself to a morning pick-me-up for your skin.

Mango Ginger- Experience the tropical bliss of our Mango Ginger Sugar Scrub. Infused with mango and ginger, it gently exfoliates for a radiant complexion. Hydrating and soothing, it leaves skin soft and refreshed. Rich in antioxidants, it promotes a youthful glow while toning and tightening. Treat yourself to the exotic escape your skin deserves.

3 HOURS, \$575

Seattle Signature Body Treatment

You're in Seattle, you need coffee and the Pacific Ocean to feel at home. Let us pamper you from Head to Toe. Start with your favorite 50 minute massage with any enhancement of your choice. Following your massage, your technician will guide you to a full body exfoliation using Seattle's Favorite Coffee to scrub and exfoliate your skin, which will promote circulation and decrease visible cellulite, Pacific Ocean inspired seaweed gel will then be applied to hydrate and moisturize your body. A lower leg rejuvenation will be applied to your calves and feet to add more pep in your step. Take a tea and snack break before you head into your customized 50 minute signature facial.



SKINCARE

50 MINUTES, \$170 | 80 MINUTES, \$240

Hotel 1000 Bespoke Facial

Your Skin Therapist will design a personalized Facial Treatment to target your skin concerns as well as assist with your lifelong skincare journey. Leave feeling refreshed, rejuvenated, inspired and completely relaxed.

100 MINUTES, \$350

Hotel 1000 Signature Facial

Embark on a rejuvenating journey with our Hotel 1000 Signature Facial, blending local inspired ingredients and renowned Seattle-based skincare line, HydroPeptide, our expert estheticians will guide you through a blissful relaxation experience.

Begin with a personalized skin analysis and indulge in a double cleanse, botanical toner, and a honey enzyme exfoliation. Luxuriate in a hydrating seaweed hand treatment, followed by a relaxing face, neck, and décolleté massage. ultrasonic and manual extractions if needed, high frequency and cold therapy, rose jelly mask, scalp massage, lymphatic drainage, LED light therapy, customized finishing products.

This treatment is good for all skin types, including sensitive, acne and aging skin.

NATURAL BEAUTY

We also offer a range of professional beauty maintenance treatments including hair removal (waxing services) and Lash and Brow Tinting services and in house spray tanning.